

CAUSATIONS HEALING

There are two causation healings that are done back to back. Each part takes 3 days to take out the negative programming, 2 days to reprogram with the positive items and then you need 5-7 days on each part to do the healing portion on all 29 levels.

OVERLYING CAUSATION	UNDERLYING PORTION
Malcontent	Being malcontent
Alcoholism	Immaturity
Cancer	Resentment of others
Unhappiness	Not being or having enough
Poor health	No discipline
Negligence	Not wanting responsibility
Struggling	Wanting control
Gluttony	No discipline
Instability	Rigidity
Sadness	Loss of love
Self Pity	Self sabotage
Unworthy	Lack of self love
Unmanageability	Not paying attention
Upset	Don't like sudden change
Incompletion	Giving up

UNDERLYING CAUSATION	OVERLYING PORTION
Not being able to recover – could be in any area of your life – for example on money, you bought something that lost its value. On health – did not take care of yourself in time, etc.	Mismanagement
Not getting well	Lack of belief that you can get well
Repetitive health issues	Physical maladies with a looping pattern
Repetitive monetary issues	Resentment of your father
Repetitive relationship issues	Lack of self love
Stuck in negative programming	Happy with your own negative situation because it brings you attention
Not receiving the help you ask for because [1] you don't think you will get it or [2] that it is not possible to get help anyway	Unwillingness to take responsibility so you don't even ask
Not being heard and allowing and accepting that situation	Giving away your power

Once the angels have started the healing process for the items you personally have, you need to drink lots of water daily for the 24 days. However, the most important is to remember that as the process works, you need to use the tool [This is passing] and this is critical. As you feel negative emotions you need to let them go. If you don't they will re-create for you. Put signs on your mirror, on your walls, in your organizer or appointment book or have someone remind you every couple of days that "this" is passing. Alert your friends and family that when you start talking negative to remind you and give them permission to say "This is passing" to you out loud.

You will be amazed at the things that will re-surface for you...some maybe even from your childhood. I cried for two solid days on part 1 and nothing was any different from the day before but I was crying and crying, but it finally stopped. Raphael told me that the tears were tears that I "stuffed" all my life and now they had to come out so I could be happier. On other items, I kept thinking, I know I healed this, and here it is again. Raphael informed me that I had mostly healed "it" but now the rest of "it" is healing. Some of the other things that healed for me were betrayal and depression. I have heard from several others and most of us have had monetary and health changes. So, this works on many levels.

CAUSATIONS HEALING

TOOL: THIS IS PASSING [To be used as an affirmation or mantra]

By Marge the Angel Lady

This month's tool is one you can use for the rest of your life called '**This is passing**' and it came to me from Arch Angel Raphael a couple of weeks ago. As you go through your day, things will happen that you are not happy with or that you don't like, don't want, hate or perhaps are disgusting to you. When one of those things happen, you have a choice as to what to do with that event. If you resist it, such as 'I hate xxx' with lots of feeling or even just a little feeling, you will create more 'xxx' to hate in your life because what we resist persists.

However, if you acknowledge that 'xxx' you hate or even embrace it and feel it to the max, your 'xxx' will pass or go away. An easy way to do this is to say to your self: I hate 'xxx' but it is passing, or I don't want to 'xxx' but it is passing, or I don't like 'xxx' but it is passing. I am feeling fear of 'xxx' but it is passing. I feel like I am getting sick but it is passing. I am tired and depressed but it is passing. I am angry but it is passing. I feel fat but it is passing. I am confused but it is passing. I am feeling weird but it is passing. I don't know what this feeling is, but it is passing. I am lonely but it is passing, etc. These statements will allow your creation to dissipate and go away or pass. If you have created lots of a specific 'xxx', you may have lots of experiences of 'xxx' come up, so just continue to say it is passing, and eventually it will have totally passed and stop re-creating in your world.

The positive items that the angels put back in are:

Happiness

Wealth

Serenity / peace

Health

Love

Manageability

Contentment

Easy living

Discipline / balanced life

Satisfaction

Self Love

Worthiness

Enrichment including fun and joy

Stability

Energy

Optimistic outlook

Positive

Good Luck

Completion

Perseverance

You will be in a healing mode for almost a month. So, please everything you can to remind yourself that "this" is passing. This is an awesome process and an awesome healing. I personally noticed POSITIVE results on day 2 of each program and have received positive reports from others also. Mine are increased money, happiness & better health. I wonder what yours will be? Enjoy the experience and send me an email about your results.

Thanks, Marge the Angel Lady